
GRASSP - 1 SCORESHEETS

SCORING SHEETS

1 - Demographics

Patient Name	
Examiner	
Assessment Number	1 2 3 4 5 6
Date of Assessment	
DOB	
Gender	
Hand Dominance	
Pre-injury	
Post-injury	
Injury Date	
Injury Type Brief Description	
Surgery/Intervention and Date	
Comments	

2 - Strength - score 0 to 5 as per instructions in each box, then sum for each side

Right	Muscles Tested for MMT	Left
	Anterior Deltoid	
	Elbow Flexors	
	Elbow Extensors	
	Wrist Extensors	
	Extensor Digitorum (DIII)	
	Opponens Pollicis	
	Flexor Pollicis Longus	
	Finger Flexors (DIII)	
	Finger Abductors	
	First Dorsal Interossei	
/50	Total out of 50 for each side	/50

3 – Sensibility

SWM Threshold Scores																
Right Hand									Left Hand							
3.61 (4)	3.61 (4)	3.61 (4)	4.31 (3)	4.56 (2)	6.65 (1)	NR (0)	Score	Area	3.61 (4)	3.61 (4)	3.61 (4)	4.31 (3)	4.56 (2)	6.65 (1)	NR (0)	Score
								1								
								2								
								3								
Dorsal Total							/12		Dorsal Total							/12
								4								
								5								
								6								
Palmar Total							/12		Palmar Total							/12
Dorsal Total + Palmar Total = Total SWM							/24		Dorsal Total + Palmar Total = Total SWM							/24

4 - Prehension

A - Prehension Ability

Right		Qualitative Grasps	Left	
		Cylindrical Grasp		
		Lateral Key Pinch		
		Tip to Tip Pinch		
/12		Total out of 12	/12	

B - Prehension Performance

Right			Task/ Instruction Expected Prehension	Left		
Time	Score	Drops		Time	Score	Drops
			1. Take the bottle and pour the water into the cup, approx. $\frac{3}{4}$ full. Cylindrical grasp			
			2. Unscrew the 2 lids of the jam jars and put them onto the table. Spherical grasp			
			3. Pull the 9 pegs, one by one, out of the foam and stick them back into the markings on the opposite side. Tip to Tip pinch			
			4. Take the key from the table, insert it in the lock and turn it 90°. Lateral Key pinch			
			5. Pick up the 4 coins, one by one, from the table and put them through the slot. Tip to Tip Pinch			
			6. Pick up the 4 nuts, one by one, from the table and screw them on the matching screws. Tip to Tip pinch and/or Tripod pinch			
Total Score			/30			

5 – Summary and Total Scores

	Right	Left
	STRENGTH – Upper limb (50/50)	
	SWM – DORSAL (12/12)	
	SWM – PALMAR (12/12)	
	PREHENSION – Qualitative (12/12)	
	PREHENSION – Quantitative (30/30)	
	TOTALS /116	